



## Annual Report 2022-2023

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# SARASWATI EDUCATIONAL SOCIETY

## ANNUAL REPORT

### (2022-2023)

## Section 1: About Us

SaraswatiEducational Society (SES) is a non-governmental organization working in India for more than 24 years, focusing on alleviating social justice. With the help of our well-planned and comprehensive projects in the health sector, education, women empowerment, children and neglected communities. Our overall goal is to empower people from the marginalized communities, more specifically from the most socio-economically vulnerable groups, leading to improvement in their lives and livelihoods.

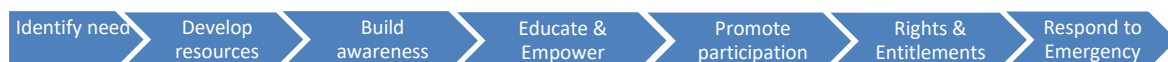
**Our Vision:** To ensure every person has the right to live and grow with dignity and eventually contribute towards creating a “Better India”.

**Our Mission:** To reach out and to ensure social development and equal participation of marginalized communities in the society.

## Our Core Values



## Our Objectives



## Our Focus



## Section 2: Our Programmes

Over the years SES has been focusing on working with children, youth, women and elderly from the vulnerable and neglected communities on Health care, Education, Women Empowerment, Emergency & Crisis Response, Housing & Environmental Sustainability and Awareness creation on various issues.

### Health care

1. **Substance Abuse:** SES has established Community based Peer Led Interventions (CPLI) in collaboration with the Ministry of Social Justice and Empowerment in East Delhi to help children in the age group of 10-18 years who are either addicted to substance use or prone to exposure. We build awareness through individual and group counselling, gamified activities and engaging them in multitude of activities to boost their motivation and morale. We also help addicted children access timely support for de-addiction.
2. **Cancer Care:** SES, in its mission to enhance cancer care, has conducted five impactful health camps in Uttar Pradesh. Through these camps, SES has successfully screened over 150 individuals for cancer. Beyond screening, SES has established a robust network of linkages, ensuring that diagnosed individuals receive timely referrals and access to specialized treatment and support services. The health camps also serve as vital platforms for disseminating crucial information about cancer prevention, early detection, and available treatment options. The focus on screening is a proactive measure to identify potential cases in their nascent stages, facilitating timely intervention and improving treatment outcomes.
3. **Health Awareness Camps:** SES organizes health camps in the slums and resettlement colonies of East Delhi to build awareness on various issues like importance of general health check-up, exhibition of different IEC materials along with group discussions and one to one interaction.

Further as part of its Targeted Initiatives SES work with specific communities who face stigma and discrimination due to their sexual orientation or health conditions. This project is being supported by Delhi State AIDS Control Society. Targeted interventions are a resource-effective way to prevent HIV and run care programs in settings with low-level and concentrated HIV epidemics. They are also a cost-effective method of reaching people who are most at risk in more generalized epidemics.

4. **Men Having Sex with Men (MSM):** SES works towards sensitization and awareness building with MSMs in East Delhi to ensure they are free from disease-risk and do not face discrimination due to identity-based on their sexual orientation. We offer prevention and care services to high-risk population MSMs within the communities. We are building awareness, means and skills they need to minimize HIV transmission but also enhancing their access to care, support and treatment services.
5. **HIV/AIDS infected and affected children and families:** SES has been supporting 2000 families who are affected (and in some cases infected family members) across East Delhi and Northwest Delhi. SES provides them with essential counselling, nutritional food, and supplements along with healthcare support.

### **Education:**

1. **Remedial and Non-Formal Education:** SES is running a education centre to provide bridge course for children from the weaker section of the community. The programme targets children in the age group of 6 to 14 years, who either have not had the opportunity to go to any formal school or have dropped out. Nearly 65 students are getting benefited through this programme
2. **Teach India: SES in collaboration with xxx has been providing** English speaking for children who face a setback due to lack of English speaking skills. This programme helps them overcome their setback and increases their opportunities for employment.

### **Women Health & Empowerment:**

1. **Menstrual Health and Hygiene (MHH)** focusses on the well-being and empowerment of women and adolescent girls as menstrual health continues to be a constraint due to cultural taboos and discriminatory social norms.
2. **Mahila Panchayat:** SES has empowered groups of women in Lakshmi Nagar and Jagatpuri East Delhi to collaborate and empower women in legal issues so that they are able to handle various issues like domestic violence and other social issues faced by women and distress redressal at the community level. Groups of community women, identified by SES, form a panchayat and take up local disputes, counsel the two parties and assist them in reducing violence and disputes in their locality.
3. **Vocational Training:** The training program facilitates building skills amongst the women home-makers a chance to learn advanced techniques in cutting & tailoring as well as beauty culture by upgrading their skills to make them self-employed and secure livelihood thereby improve their social status.

### **Emergency & Crisis Response**

1. **Crisis Intervention Centre:** SES is successfully running a family counselling centre at the administrative office, focusing on providing counselling to vulnerable women & enabling them to solve various crisis in their lives including socio-legal issues, domestic violence, etc. SES has a pool of senior advocates who facilitate legal counselling to the target community.
2. **Legal HelpDesk:** SES with the support of its team of legal experts provides a help desk support in its administrative office at Kishan Ganj. This initiative focusses on extending free legal counseling and litigation support to women in difficult circumstances in the target community.
3. **Mobile Helpline:** SES is running 181 helpline in East Delhi which helps women in seeking necessary counseling and guidelines to address their needs. Our helpline responds to all the calls to meet the medical and legal emergencies as may be sought. Often we receive calls from victims from other districts and we ensure these cases are redirected and followed up depending on case to case basis.
4. **Rape Crisis Cell (RCC):** The 24x7 helpline responds to the emergency calls received and deploys a counsellor to provide support to the victims (both children and women) to help them with the guidance on lodging complaint, seeking legal counsel and accessing medical, education and economic compensation as per through the department Delhi Women Commission.

5. **Shelter for Homeless:** SES had set up and ran eight temporary night shelters in East Delhi, West Delhi and Southwest Delhi with its own resources for homeless people to provide shelter and safe sleeping place.
6. **Recreation Centre for Old Age Widows:** SES had been running a recreation centre for old age widows at Northeast Delhi for 30 elderly widows by providing them healthcare, nutritional support and recreation facilities.

### **Housing and Environment Sustainability**

SES has been engaged in the organizing Housing and Environmental Sustainability program, training workshops etc. the main objective of this program is to disseminate environmental sanitation awareness and share various housing schemes amongst the local community

### **Accessing and leveraging existing government schemes**

SES consciously and actively explores building linkages to benefit all its targeted communities from the various government social protection schemes. These include education, skill training, healthcare & health insurance, improving living conditions, and strengthening household income like pensions. It helps and facilitates the socio-economically weaker community members to apply for their aadhar, pan, election cards and also helps in facilitating opening of bank accounts so that they are able to get the benefits of the schemes.

To ensure sustainability SES will cross-leverage collaboration with like-minded organizations, CSR and corporate foundations, Government line departments, for the project for sustaining and scaling up the project including exploring financial support for the program.

### **Awareness building**

1. **Environmental Issues:** Environmental Education among school children-SES has been engaging with the children and school teachers to sensitize and propagate the importance of protecting the environment by organizing various camps (planting saplings, painting and essay writing competitions, debates, rallies, health camps, programs, training workshops etc.
2. **Training Workshops and Demonstrations:** Training Workshops are conducted for Police personals, school students and general community covering different topics, such as balancing personal and professional life, diet & nutrition, solid waste management, vermicomposting, rainwater harvesting, environmental pollution etc. SES has also demonstrated the concept of Vermicomposting and Rainwater Harvesting in the past.
3. **Minority Awareness Camp:** Supported by the Delhi Commission for Minority, SES has conducted minority awareness camps in Lakshmi Nagar area of East Delhi, covering the topics such as role of Minority commission, introduction of Scheme specially for Minority, introduction of Schemes of Revenue Department, introduction of Loan schemes etc.
4. **Consumer Educating/Awareness Programmes:** SES organizes various education and awareness programmes such as capacity building programs on consumer's protection providing consumers sessions on awareness about their rights and how to protect those rights.
5. **Celebration of World Consumer Day:** SES celebrates World Consumer Day with the people of local community by organizing various programmes like essay writing, quizzes



etc. The programme has motivated the local community in promoting and protecting the Consumer's Rights.

6. **Road Safety Programmes:** SES organizes awareness programs on road safety among school students and in the community.

## 2022-23 At a Glance

### Health Care Interventions

#### Community Based Peer-Lead Intervention (CPLI)

**Funder:** Ministry of Social Justice and Empowerment and National Institute of Social Defence.

The Community Based Peer-Lead Intervention project is specially designed to address the needs of adolescents in the age group of 10-18 years in impoverished & marginalized communities who are at high risk of getting addicted or already under the influence of substance use. Program is focusses on the **positive influence and peer pressure created in the life of a child.**



As part of the programme, SES team initiates the assessment of among adolescents in impoverished & marginalized communities across East Delhi to understand the needs to ensure appropriate action to mitigate the same. SES has a two-pronged approach to address the issue **prevention and rehabilitation.**

To **ensure prevention** the team identifies, and trains children called **Peer Educators** who further reach out to vulnerable children/ adolescents of 10-18 years in the community who are non-substance users. The project conducts primary prevention activities through awareness programs through one-one and group counselling, street plays, engaging them through activities and thereby reducing the risk of substance use among children/adolescent/youth. In the current year, SES is working across 12 pockets of East Delhi, with 200 wherein it has trained 20 such peer educators who are actively engaged with 10 more children (peer educators) from communities who are engaged in the sensitization and awareness building.



To **address rehabilitation** for the affected children, in addition to initial discussion with the children and families, on a case-by-case basis counselling and follow-up is provided to the substance users. SES also facilitates rehabilitation for children who are under heavy usage of substance by referring them to rehabilitation centres.



In addition to bring awareness amongst the children and youth SES observed Anti-Tobacco Day on 31st May and children were shown videos on the bad effects of tobacco on our life. Our counsellors addressed the gathering and shared the ill effects of tobacco and addressed their queries. On 26th June we organized a drawing competition on drug abuse. After a thought-provoking discussion on drug abuse and its effect on our life. After this discussion, the children started drawing. They expressed their emotions and ideas on paper on this subject and best three entries were appreciated and are displayed in the SES office. This not only made them realize the importance of the occasion but also instilled the thought of staying away from drugs.

As part of bringing communities closer to the government functionaries, we organized a meeting between police and youth of our area. As part of the Independence Day celebration, in August, we gathered children and youth in our area and went to meet the SHO of Laxmi Nagar. SHO Mr. Ramesh Prasad Singh warmly welcomed the children in his office and addressed the gathering. He said if a child is in need he/she should not hesitate to ask help from a police personal and Police officials are part of the community and are there to support when in need. He also briefed about the working of police and said that he want the children of his area to support them being eyes and ears to reduce crime. Further he urged them to join the police force in large number. Some of the children were motivated and showed interest in joining police. On that Mr. Singh said that for this they have to focus on their studies and Fitness. Children also said that since they are part of the Society they understand the importance of staying fit and away from any bad habit such as drugs. Mr. Amit Mishra also addressed the children and said that since they are the asset of the country they should stay away from drugs and other vices prevalent in the society.

### **Targeted Intervention (TI)**

#### **Funder: Delhi State AIDS Control Society (DSACS)**

Targeted interventions are a resource-effective way to prevent HIV and run care programs in settings with low-level and concentrated HIV epidemics. They are also a cost-effective method of reaching people who are most at risk in more generalized epidemics.

In order to control the spread of HIV/AIDS and to reduce the rate of STI/RTI, SES has been running two TI projects across Delhi in Southwest Delhi and in Northeast Delhi. The target population is approximately a thousand for southwest and thousand for northeast Delhi. We are also dedicatedly working towards building awareness, aiming at offering prevention and care services to high-risk population of MSMs within the communities. We are equipping them with the information, means and skills to ensure minimizing HIV transmission but also enhancing their access to care, support and treatment services.

SES works towards sensitization and awareness building with MSMs in East Delhi to ensure they are free from disease-risk and do not face discrimination due to identity-based on their sexual orientation. For spreading knowledge and creating awareness regarding HIV/AIDS our Outreach Workers visit the target area daily. The Outreach Workers contacted MSMs and clients. With the help of one-to-one interactions which is well planned, they establish a rapport with the clients. All the following steps are followed during the interaction with the community:

- Discuss general health issues.
- Enhance knowledge about STD and HIV-AIDS.

- Clarify of Myths, taboos, doubts and misconceptions.
- Provide knowledge on safe sex practices including correct and consistent use of condom.
- Provide information regarding treatment.
- Share information of existing health care services.
- Demonstrate Condom usage.
- Encourage them for counselling with a counsellor or & seeking support from doctor.
- Distribute pamphlets on the right practices and helpline for support.
- Fix date and time for next meeting.

**Individual Counseling:** As part of the individual counseling, we ensure confidential dialogue between the client and a service provider which involves the assessment of risk behavior, mental status, problem identification of the client and assisting them to take informed decisions about their future course of action. Our trained and experienced counsellors have succeeded in creating confidential dialogue with clients which involves assessment of risk behavior, mental status, problem identification of the client and assist them in taking informed decision about their future course of action. Prevention of STD/HIV infection requires behavioral changes in the individual. Since awareness generation activities alone are rarely enough to make people at risk take safety measures, our counsellors have been focusing on motivating male sex workers to examine their own risk and behaviors and thus ensure that the clients not only succeed in identifying options of safe behaviors but also develop the necessary skills to negotiate and become capable of adopting these safe behaviors. SES focuses one on one interpersonal approach which is needed to ensure the required behavioral change.

**STD/RTI Treatment Services:** Provision of STD treatment is an important component of AIDS prevention program. Research has clearly demonstrated that provision of STD treatment services at community level and educational programs which promote the usage of services can reduce HIV transmission substantially up to 40%. Counsellors take prompt and effective case detection and ensure treatment which results in immediate health benefits for individual patients. They also ensure curative case detection and treatment which also includes promotion of condoms/sterilized needle use for those groups/individuals who are at highest risk of acquiring STD and HIV infection.

**Education And Communication for Behavior Change-Peer Education:** Our counsellors have been training our peer educators for communicating information about STDs and HIV/AIDS which is seemingly difficult. As it is necessary to discuss sexual practices (A culturally taboo subject) and to be effective, bring the communication to a very personal level, 10 people from the target group who are culturally and physically closer to each other and whose values are similar, are being selected as peer educators. It is these Peer Educators who disseminate the message of STD and HIV/AIDS, motivating those in need to adopt required behavioral change. These Peer Educators are not only carrying forward the message in an informal manner and promoting condom usage within the groups and providing information but also promoting clinical services and motivating people to seek proper help for the treatment of STD.

**Condom Promotion:** We have been promoting condom usage and ensuring easy access to good quality and affordable condoms. For this we adopt social marketing techniques which is an important component of our program. Our team has been providing free condoms to female sex

workers and clients. Peer educators, middleman, rickshaw pullers, etc local Pan shop / tea stalls / Dhaba owners act as stock holder for supply of condoms.

**Counseling and Testing Promotion:** Voluntary counselling and testing (VCT) has a vital role to play within a comprehensive range of measures for HIV/AIDS prevention & support. VCT is promoted as part of advance intervention program for Core Groups. The objective is to prevent further spread of HIV. The counselling process helps an individual to evaluate his/her personal risk for HIV transmission, facilitate choice for HIV testing, provide emotional support before and after the HIV test. In this process, the actual HIV testing services are provided through effective linkages with ICTC centers and MITWA mobile van with the support of DSACS/ Govt. Hospitals. People whose tests are negative, have counselling, guidance, and support to help them remain negative by initiating and maintaining safer sexual behavior. People who get positive status can have early access to a wide range of services including medical care, ongoing emotional support, and social support. These patients are registered in ART Clinics for ART Treatment and after that sent for CD - 4 counts.

### **COVID Vaccination Camp at Krishan Kunj Office, Laxmi Nagar**

SES collaborated with the DM Office of East Delhi to organize a COVID vaccination camp. The camp was held at SES office. Amit Mishra, the President of SES, expressed the organization's commitment to achieving 100% vaccination in the area, considering the camp as a small step towards achieving 100% goal across the country. The camp was supervised by Sub-divisional Magistrate Rajender Kumar from the Preet Vihar region. The camp aimed to provide convenient access to COVID-19 vaccinations for the community.

The vaccination camp at Krishan Kunj office witnessed active participation from members of the community. Sub-divisional Magistrate Rajender Kumar from the Preet Vihar region oversaw the smooth functioning of the camp. The camp provided individuals with the opportunity to receive their COVID-19 vaccinations in a convenient and organized manner.

Amit Mishra, the President of SES, reiterated the organization's commitment to supporting the vaccination drive in India. The camp served as an important initiative to ensure that more people had access to vaccinations and contributed to the overall efforts to combat the COVID-19 pandemic. SES remains committed to supporting and promoting vaccination drives, underscoring the importance of vaccination in safeguarding public health.

### **Health Awareness Program:**

SES emphasizes the importance of public health as a multi-disciplinary endeavor to meet the health needs of people from the community. The health scenario in our country demands both curative as well as preventive measures for deadly diseases like TB, cholera, typhoid, malaria, cancer, etc. It is a matter of big concern especially for people living in the poor and unhygienic environment of slums in urban India and most of the patients remain untreated or partially treated due to poverty, inadequate services or lack of awareness. SES has taken active action to provide basic health services for these underprivileged community and has succeeded in promoting health awareness, immunization, family planning, balanced diet and hygiene within the community. We have also conducted awareness camps on WASH and safe drinking water. This also includes awareness programs on anti-quackery as in slum areas quacks are found to be

active. Our team specially focus on disseminating information against quackery, encouraging people from availing proper medical help and services.

### **Health Awareness Camps**

With the purpose of creating awareness regarding health, SES has been organizing camps in slums and resettlement colonies of East Delhi. The camps were observed by day long awareness sessions, spreading knowledge and as well as busting myths and misconceptions amongst community members on various health issues HIV/AIDS, Cancer, TB, Dengue etc. Also, a team of doctors facilitated general health checkup, distribution of general medicines at the health camp. Our team has also been exhibiting and distributing different IEC materials along with group discussions and one to one interaction for spreading the message of health and fitness.

### **Cancer Screening & Awareness Camps**

SES, dedicated to advancing cancer care, has organized five impactful health camps in Uttar Pradesh. Through these initiatives, SES has effectively screened more than 150 individuals for cancer. In addition to screening, SES has established a strong network of connections, ensuring prompt referrals and access to specialized treatment and support services for diagnosed individuals. These health camps also play a crucial role in imparting essential information on cancer prevention, early detection, and available treatment options. The emphasis on screening serves as a proactive measure to identify potential cases early, enabling timely intervention and enhancing treatment outcomes.

### **SES Campaign for a Healthy and Educated Society**

SES launched a campaign aimed at creating a healthy and educated society. Recognizing that a prosperous future relies on the foundation of a healthy and educated population, SES President Amit Mishra announced the organization's commitment to providing health and education services to the most vulnerable sections of society. As part of the campaign, SES identified children lacking access to nutritious food and distributed Horlicks and juice boxes among them. The initiative aimed to address nutritional deficiencies and improve the physical health of the underprivileged children. Additionally, an appeal was made to the privileged sections of society to actively contribute to this noble cause. The call for support aimed to mobilize resources and encourage collective efforts towards societal upliftment.

### **Women Health & Empowerment:**

#### **Menstrual Health and Hygiene (MHH) Awareness Programme**

Menstrual Health and Hygiene (MHH) is critical for the well-being and empowerment of women and adolescent girls however it is one of the major issues which is culturally a taboo and discriminatory social norm thereby constraint women in many societies especially in slum areas of India. Poor menstrual hygiene, however, can pose serious health risks, like reproductive and urinary tract infections which can result in future infertility and birth complications.



To address this issue, with the support of Prime Research and Advertising Limited, SES organised Menstruation Hygiene Campaign for five months (Sep'22 to Jan'23) in the slum areas of Lakshmi Nagar, Delhi such as Yamuna Khadar, Krishan Kunj Cluster, Ansar Nagar and Chitra Vihar.



SES team identified around 1200 women/girls who never use sanitary napkins during their menstrual cycle. These women were not aware of the hygienic benefits of using sanitary napkin and felt it is wastage of money. They were unaware of the health risk of using old cloth material leading to health complications and poor hygiene during their menstrual cycle.

SES team reached out to these women one to one basis, making door to door visits every household and organized group meeting to spread

awareness about the Menstrual Hygiene during Menstrual Cycle and benefit of using sanitary napkin.

Team highlighted that when women/girls have access to safe and affordable sanitary materials to manage their menstruation, they substantially decrease the risk of infections. This can have a cascading effect on overall sexual and reproductive health, including reducing teen pregnancy, complications during pregnancy and delivery and fertility.

For many women, the menstrual cycle can disrupt their daily lives and caused discomfort in carrying out day to day tasks. While discomforts such as muscle cramps, soreness, general tiredness and acne are a regular part of the menstrual cycle, it can take a dangerous turn if proper menstrual hygiene is not followed leading to heavy flow and infection in the vaginal area.

The team tried their best to bust all the myths around period and made them understand how important it is to talk on this topic as Menstrual cycle is a natural monthly biological process where the uterus discharges blood and tissues. Further explained the safe and hygienic way of disposing sanitary napkin after use and under no condition should be flushed as it can cause blockage. Any lapse in personal hygiene at the time of disposal can cause infection not only for them but also for the people around them.

SES team distributed 15 sanitary napkins to each woman for five months and ensure regular follow up with them. As a result of this campaign, now women understood the benefit of personal hygiene during the Menstrual cycle as well as benefit of sanitary napkin. They feel more empowered, and it boosts their self-confidence.

### **Mahila Panchayat Project**

**Funder: Delhi Women Commission.**



Mahila Panchayat (MP) was launched in the year 2001 by the Delhi Commission for Women. It is an initiative taken up for legal empowerment of women and for distress redressal at the community level. Groups of community women, identified by NGOs, form a panchayat in their area, take up local disputes, counsel the two parties and assist them in reducing violence and disputes in their locality. There are two para-legal workers in a panchayat. These women are selected from the community, are trained in the different laws pertaining to women and guided in the process of handling a case and counselling women in distress.



SES has been running two Mahila Panchayats in Laxmi Nagar and Jagat Puri area with the support of Delhi Commission of Women. Mahila Panchayat has a group of 50 women who are actively working for spreading awareness among the women in the community about their legal rights and provide them family as well as individual counselling. SES organized various legal rights workshops by advocates from Delhi Legal Aid Services Authority, camps for minorities, seminars on mental health of women, helping old-aged widows and we have succeeded in uniting thousands of families in distress.

### **Emergency & Crisis Response**

#### **Rape Crisis Cell (RCC) Project Funded by Delhi Women Commission:**

SES has been running Rape Crises Cells with the support of Delhi Commission for Women. In our organization, currently there are twenty-six advocates who are working in the RCC program in three districts of Delhi (East, West and Northeast) which covers fifteen advocates appointed in POCSO, seven in Special Fast Track Courts (SFTC) and two in Juvenile Justice Boards (JJB), with one legal supervisor and one assistant legal supervisor taking care of the functioning of all lawyers. There are a total of 23 advocates who are working in the POCSO and SFTC for assisting the rape victims during their entire court proceedings. There are so many barriers in obtaining justice and critical support services in rape cases. In such cases our advocates stand firmly with the victims and provides them with social-mental support & legal counselling before recording their statement under section 164 of the Criminal Procedure Code (CrPC) and thus help in ensuring justice for the victims and appropriate action against the perpetrators. Our Advocates also help the victims in getting their grants released for financial support including education, health and livelihood.



#### **Legal Awareness Camp**

Delhi Legal Services Authority (DLSA) in collaboration with SES conducted many legal awareness camps in East District, Northeast District, Southwest District Central district, and West district of Delhi. We have a team of 5 Advocates as our resource persons. Interactive sessions were organized



mainly to spread awareness about the Role of DCW and how DCW can help the victims of POCSO Act, Sexual assault and Sexual Harassment with women and children. There was close interaction among resource persons, ladies and children of the community from various areas of Delhi state. More than 900 people participated and benefited in the legal awareness camps where they were informed about their rights and to understand their circumstantial problems in detail in case of sexual assault and sexual harassments.

During one such camp Judge Saima Jameel, (Judge in Karkardoma Court) addressed 80 women from the community, briefed them about the laws and issues related with 'domestic violence', laws of marriage and rights of women in case of separation and divorce. It was very encouraging to see the active participation of the women as many of them sought clarity during the question and answer session.

### **Family Counselling:**

SES runs a family counseling center at its administrative office. This initiative focusses on extending counseling to women in difficulties, thus enabling them to solve the crisis in lives, with the support of its team of senior advocates, providing legal counseling to the target community. The society is also associated with Delhi Social Welfare Board (DSWB) and conducting women awareness program time to time.

### **Crisis Intervention Centre (CIC) Project**

#### **Funder: The Delhi Women Commission**

SES has been running CIC program in 3 districts of Delhi namely, Southwest, Dwarka and West to provide crisis intervention for rape victims, their families and community members close to the victim. Our counselors are diligently working with victims to reduce the ongoing trauma and provide counselling. We ensure the confidentiality of the victim and provide support to the victim in some of the legal proceedings such as **M.L.C., F.I.R.**, shelter etc. Our team has got the privilege of helping approximately 1,000 rape victims during this year.

### **Mobile Helpline Number (181)**

#### **Funder: Delhi Women Commission.**

To help women in distress 24x7, Delhi Commission for Women (DCW) started the phone 'Helpline 181' in March 2000. The phone number is advertised through multiple media to build awareness amongst the public and the women in distress are encouraged to seek counselling as per need throughout the year. SES has been running mobile helpline in southwest, Najafgarh and East districts of Delhi. Our trained counsellors are dedicatedly working in eight hours shift, 24x7 throughout the year. Our counsellors listen to the problems over the helpline and counsel the complainant to solve their problem as soon as possible and thus get MLC and/or FIR of the case registered. Problems which require counselling of the other party (accused) are advised to be registered in the commission personally. We are efficiently dealing with more than five hundred cases in a month.



### **Recreation Centre for Old Widows**

SES has been running a recreation center for elderly widows in Northeast Delhi. We provide recreation, health, and nutritional facilities to 25 old women.

### **Education Programme:**

#### **Remedial and non formal education:**

SES runs a learning center and remedial sessions to provide education to poor students of SC/ST/OBC and economically weaker section of the community. This program targets children in the age group of 6 to 14 years, who either have never attended school or who have dropped out of school due to family situation for taking care of their siblings or providing support to their parents in earning. This programme focusses on ensuring children attain their age and class appropriate coaching which will enable them to get admissions in formal schools. The project supports 65 students.



### **School Bags and Stationery Distribution by SES - Empowering Needy Children**

SES continues its dedicated efforts towards the upliftment of underprivileged and downtrodden children. As part of its initiatives, SES organized a distribution camp for school bag and stationary items, providing essential supplies to 100 needy children. The event was graced by ADM Puneet Patel as the Chief Guest. In his address, he appealed to individuals from well-off families to foster a sense of responsibility, compassion and actively work for the betterment of underprivileged members of society. ACP Sub Division Preet Vihar, Kailash Chandra Kukreti, emphasized the importance of education in shaping the future of children. His address aimed to inspire the young participants and motivate them to prioritize their studies for a better tomorrow. SHO Laxmi Nagar, Ramesh Kumar, assured the children that the police were their friends and encouraged them to approach the authorities whenever needed. Further he sensitized children about the concept of good touch and bad touch, emphasizing the importance of personal safety.

SES President Amit Mishra highlighted the significance of engaging in healthy, open and meaningful dialogues with the younger generation. He highlighted the organization's commitment to providing access to authentic and legitimate information to empower the youth.

SES also facilitated a free career counseling to the children through 'Shiksha with Sufi' at the event providing guidance and support in making informed decisions about their future endeavors. This initiative aimed to equip the children with the necessary knowledge and resources to pursue their career aspirations. Mr. Islammudin, Rajendra Salim, Rafiqn Sumit Sharma, Imran, and Rafique Ansari were also present to support the cause.

The event showcased the collective effort of SES and its partners to empower underprivileged children and create equal opportunities for their education. This initiative aimed to ease the burden of educational expenses for families facing financial constraints and encourage children

to pursue their education with enthusiasm.

### **Environmental Sustainability**

#### **Promoting Environmental Education Among Schools:**

SES has been engaged in organizing camps, programs, training workshops on environmental issues including solid waste management, reducing environmental pollution, rainwater harvesting and vermicompost. The main objective of these educational programs is to disseminate build sensitivity amongst school community (both students and teachers) through various activities like painting competitions, essay writing competitions debates, rallies, plantation,



National Environmental Awareness Campaign (NEAC) program, health camps etc. These initiatives have helped in spreading the Message of environmental conservation and protection among students and through them to general masses.

#### **Training Workshops and Demonstrations:**

Training Workshops were conducted on various topics like Solid Waste Management, Vermicomposting, Rainwater Harvesting and WASH, Environmental sanitation, reducing pollution in the schools and general community. SES has also demonstrated the concept of Vermicomposting and Rainwater Harvesting to the target group.

#### **National Environmental Awareness Campaign:**

SES has been organizing for the NEAC Program, and in the current year we organized workshop for one day campaign as a part of National Environment Awareness Campaign. Approximately 70 participants attended this workshop.

### **Awareness Building on Social Issues**

#### **Campaign Against Child Marriage in East Delhi**

In collaboration with the Kailash Satyarthi Children's Foundation, SES conducted an impactful campaign against child marriage in various areas of East Delhi.

SES, recognizing the grave issue of child marriage prevalent even in the capital city, joined hands with the Kailash Satyarthi Children's Foundation to launch an awareness campaign against child marriage. The campaign spanned different areas of East Delhi, targeting both children and adults. The campaign raised awareness about the harmful impacts of child marriage and mobilize the community to actively work towards its eradication. By engaging children and adults alike, SES and the Kailash Satyarthi Children's Foundation aimed to foster a sense of responsibility and commitment among the participants.

The campaign witnessed the enthusiastic participation of hundreds of people, especially children, who actively engaged in various awareness activities. The initiative commenced with a rally flagged off by Ramesh Kumar, SHO Laxmi Nagar, who also pledged his support in creating awareness about the ill effects of child marriage. The rally served as a powerful symbol of unity against this harmful practice.

SES President expressed his commitment and emphasized the prevalence of child marriage even in the capital city to conduct the awareness campaign throughout East Delhi for the entire month. The collaboration with the Kailash Satyarthi Children's Foundation, renowned for its work in combatting child marriage nationwide, added strength and credibility to the campaign.

The campaign left a significant impact on the community of East Delhi. the campaign aimed to instigate positive behavioral changes by educating and empowering participants about the adverse consequences of child marriage. The active involvement of children and adults in taking a pledge against child marriage demonstrated their dedication to creating a future free from this social menace.

The campaign successfully achieved its objectives of raising awareness, mobilizing the community, and instigating a collective commitment to end child marriage. The active participation of hundreds of people, particularly children, reflects the growing understanding and determination to eradicate this harmful practice. SES remains steadfast in its mission to fight against child marriage and create a society where every child is protected and can thrive.

### **Diwali Celebration at SES - Spreading Happiness in Every Household**

SES organized a Diwali celebration with the aim of bringing happiness to every household. Under the leadership of SES President Amit Mishra, the organization identified talented children from different areas who lacked opportunities to showcase their skills. Recognizing the untapped talent and potential among children who lacked opportunities, the organization took the initiative to provide training in lamp decoration. With dedication and guidance, the children honed their skills, transforming plain earthen diyas into exquisite and beautiful artifacts. This effort was completed within a week, showcasing the children's impressive progress.

Additionally, the children prepared gift packs consisting of biscuits, chocolates, juices, sweets, and decorative Diwali lamps. These packs were distributed free of charge among young individuals, enhancing the joy of Diwali for all. Amit Mishra also called upon the affluent members of society to come together with their families during festivals, allowing the less fortunate children to experience the joy of the celebrations.

The highlight of the Diwali celebration was the creation of gift packs by the talented children. These packs contained a delightful assortment of biscuits, chocolates, juices, sweets, and decorative Diwali lamps. The gift packs were distributed free of charge among young individuals, spreading joy and adding to the festive spirit. The initiative aimed to ensure that the less fortunate children of society could experience the happiness and merriment of Diwali.

Amit Mishra, the President of SES, appealed to the affluent members of society to actively

participate in such events with their families, especially during festivals. By doing so, they could provide an opportunity for the less fortunate children to share in the joy of the celebrations and experience the warmth of the festival atmosphere.

#### **Consumer Educating/Awareness Programmes:**

SES organized various education and awareness programmes for capacity building on consumer's protection. The session focused targetting women, youth, school students and general public on building their knowledge on their rights as consumers and how to protect them.

#### **Celebration Of World Consumer Day:**

The society has also celebrated the World Consumer Day this year. with local community various programs like essay writing Quizzes etc. were organized. The program has motivated local community in promoting and protecting the consumer's right.

#### **Road Safety Programs:**

SES organized seven awareness programs on Road safety amongst school going students and within their respective communities. A preliminary survey was conducted in the schools to find out the knowledge of the students about the road safety and the session was customized to address their queries and enhance their knowledge and responsibility.

#### **Housing & Environmental Sustainability**

##### **Funder: HUDCO**

With the support of HUDCO, SES has been engaged in the organizing Housing and Environmental Sustainability program, training workshops etc. the main objective of this program is to disseminate environmental sanitation awareness and share various housing schemes amongst the local community.

#### **Accessing Government social protection schemes**

SES is committed towards connecting the community with various governmental benefits and social protection schemes. These include education, skill training, healthcare & health insurance, improving living conditions, and strengthening household income like pensions. It helps and facilitates the socio-economically weaker community members to apply for their aadhar, pan, election cards and helps in facilitating opening of bank accounts so that they are able to get the benefits of the schemes.

No. of people getting Aadhar Card- 183

No. of people getting Pan Card-

No. of people getting Election Card-61

No. of Bank Accounts Opened-21

No. of people accessing Widow/old age/disability pension-10

No. of children enrolled into Govt schools-41

No. of people Accessing healthcare facilities-9352



## Our Achievements



## Menstrual Hygiene Campaign

### Menstrual Hygiene Campaign





## Media Coverage

New Delhi, Saturday 10 December 2022 National English Daily

**DELHI NEWS** Live

METRO CITY PG 02

**Legal information and assistance for the populace: Saima Jain**

■ Rahul Gombhar, New Delhi

Under the joint aegis of Saraswati Educational Society and East Delhi State Legal Services Authority, a free Legal Aid Center was inaugurated by Saima Jain, a Judge and Secretary of East Delhi State Legal Services Authority, in Laxmi Nagar. In her address, she stated that this Legal Aid Center has been set up with the aim of providing access of legal assistance conveniently. She stated that the center will get information on various legal issues and will also provide free legal aid to the needy.

**जगतपुरी में बाल श्रम के विरोध में निकाली गई जागरूकता रैली**

एलिजाबेथ चैरिटेबल ट्रस्ट ने 251 महिलाओं को राशन वितरण किया

सामाजिक कार्यों में बढ़-चढ़ कर भाग लें : जितेंद्र मणि त्रिपाठी

## जागरूकता कार्यक्रम में मादक पदार्थों के नशे से होने वाले दुष्प्रभावों को बताया



कक्षा कक्ष में मादक पदार्थों के दुष्प्रभाव पर आयोजित जागरूकता कार्यक्रम में भाग लेते।

ने पर और बेहतर से रेशनी लुकी लो डिप्रेशन माध्यम से त अबनीश मोनाशी (जैन तरुणा, पुरी, पायल, प्रशस्ति रहे।

नई दिल्ली। सरस्वती एजुकेशनल सोसाइटी ने एलिजाबेथ चैरिटेबल ट्रस्ट के सहयोग से 251 महिलाओं को राशन वितरण किया गया। कार्यक्रम का शुभारंभ सहायक पुलिस आयुक्त विजय सिंह ने किया उन्होंने कहा कि जन सेवा ही नारायण सेवा है यदि हमारे आस पास कोई व्यक्ति भूखा है और हम अन्न ग्रहण कर रहे हैं तो यह अत्यंत दुर्भाग्यपूर्ण है। इसलिए हमें सदैव लोगों की मदद को आगे रहना चाहिए। संस्था

**माहवारी के समय महिलाओं के साथ होने वाली उपेक्षा के प्रति पुरुष वर्ग को सचेत कर दिया: मिश्रा**

नई दिल्ली। सरस्वती एजुकेशनल सोसाइटी ने एलिजाबेथ चैरिटेबल ट्रस्ट के सहयोग से 251 महिलाओं को राशन वितरण किया गया। कार्यक्रम का शुभारंभ सहायक पुलिस आयुक्त विजय सिंह ने किया उन्होंने कहा कि जन सेवा ही नारायण सेवा है यदि हमारे आस पास कोई व्यक्ति भूखा है और हम अन्न ग्रहण कर रहे हैं तो यह अत्यंत दुर्भाग्यपूर्ण है। इसलिए हमें सदैव लोगों की मदद को आगे रहना चाहिए। संस्था

## सजावटी दीयों से मनेगी झुग्गी के बच्चों की दीपावली

जागरण संवाददाता, पूर्वी दिल्ली : दीपावली, रेशनी का त्योहार है, जिसमें दीयों की रोशनी चार चांद लगाती है। दीपावली को लेकर हर यु-वर्ग के लोगों में खूब उत्साह फैला हुआ है। दीपावली के दिन रेशनी के फटाके और चारों तरफ से मनेगी झुग्गी के बच्चों की दीपावली। रेशनी के फटाके और चारों तरफ से मनेगी झुग्गी के बच्चों की दीपावली। रेशनी के फटाके और चारों तरफ से मनेगी झुग्गी के बच्चों की दीपावली।



फिशन कुज में मिट्टी के दीयों की सजावट करते बच्चे। जागरण



चाकलेट और बिस्कुट के साथ पैकेट में पैक बच्चों द्वारा तैयार दीये। जागरण

सजावटी वस्तुएं उपलब्ध कराई हैं। बच्चों को दीपावली के अर्थ और महत्व के बारे में बताया गया। बच्चों को दीपावली के अर्थ और महत्व के बारे में बताया गया। बच्चों को दीपावली के अर्थ और महत्व के बारे में बताया गया।





शत-प्रतिशत जनता का हो कोविड टीकाकरण : राजेन्द्र कुमार



एस.डी.एस. राजेन्द्र कुमार टीकाकरण कैम्प का उद्घाटन, साथ हैं अमित मिश्रा।

नगर निगम का आतिशय शिवा आनंद अग्रवाल जाप उपाख्यत रहे।  
रैली में बच्चों ने दिया सुरक्षित होली का संदेश



बच्चों ने घरो व बांटे और लोगों को कि वह पानी रासायनिक संस्था के पे कहा बहुत

## पुलिस कर्मियों के लिए

वैभव न्यूज़ ■ नई दिल्ली

सरस्वती एजुकेशनल सोसाइटी और गौरव भगत अकेडमी के संयुक्त तत्वावधान में पुलिस कर्मियों के लिए एक कार्यशाला का आयोजन किया। जिसमें लक्ष्मी नगर, शकरपुर और प्रीत विहार थाने के पुलिस कर्मी शामिल हुए। मोटिवेटर गौरव भगत ने जीवन शैली में छोटे छोटे बदलावों के द्वारा कैसे हम अपने मानसिक तनाव और कार्य दबाव को कम कर सकते हैं इस विषय पर आज कार्यशाला में बताया। उन्होंने कहा सर्वप्रथम हमें अपने कार्य और अपने आप से प्यार करना होगा और थोड़ा ही समय निकले पर अपने लिए उचित निकालना पड़ेगा। इस मौके



## युवा रहे नशे से दूर: पुनीत पटेल

नई दिल्ली। सरस्वती एजुकेशनल सोसाइटी ने समाजिक न्याय एवम अधिकारिता मंत्रालय के सहयोग से अंतरराष्ट्रीय नशा निरोधक दिवस के उपलक्ष्य में पूर्वी दिल्ली जिलाधिकारी कार्यालय से एक जागरूकता रैली का आयोजन किया गया। रैली को हरी झंडी दिखा कर अतिरिक्त जिला मजिस्ट्रेट पुनीत पटेल ने रवाना किया। इस अवसर पर पुनीत पटेल जी ने अपने संबोधन में उपस्थित युवाओं से अपील करी की वह सब नशे से दूर रहे साथ साथ आस पास के लोगों को भी नशे से होने वाले नुकसानों के प्रति जागरूक करें। जन मानस का भी यह कर्तव्य बनता है कि वह नशीले पदार्थों के खिलाफ मुहिम चलाये और नशा मुक्त भारत बनाने में अपना योगदान दे। रैली जिलाधिकारी कार्यालय से होती हुई किशन कुंज, जवाहर पार्क, रमेश पार्क, अंसार नगर, यमुना खादर होते हुई लक्ष्मी नगर थाने पर समाप्त हुई जहाँ थानाध्यक्ष रमेश कुमार अतिरिक्त थानाध्यक्ष प्रकाश रॉय ने



रैली में उपस्थित सभी बच्चों और युवाओं का स्वागत किया। रमेश कुमार जी ने युवाओं का आवाहन किया कि आप को कहि भी नशे का गैरकानूनी कार्य होता दिखे या कोई भी व्यक्ति आप को नशे के लिए प्रेरित करे तो तुरंत आप मुझे आकर बातये हम आप को पहचान को गुप्त रखकर तुरंत कार्यवाही करेगे। संस्था में कोई भी बच्चा यदि नशे का शिकार होता है तो वह संपर्क कर सकता है हम मुफ्त में बच्चे को मनोवैज्ञानिक की देख रेख करेंगे उन्होंने यह भी बताया कि रैली के साथ साथ चित्रकला, स्लोगन, नुकड़ नाटक आदि विभिन्न माध्यमों से भी संस्था नशे के खिलाफ जनसमुदाय में जागरूकता ला रही है। कार्यक्रम में कुमार गजेन्द्र, आशीष जैन, इन्द्रराज, शालिनी, लीना, इस्लामुद्दीन, अलोकितानी, मीनाक्षी आदि लोगों ने भी शिरकत करी।

दिल्ली, लोकसत्य  
नल सोसाइटी के अध्यक्ष नरेश शर्मा



Delhi 21-03-2023  
<http://epaper.loksatya.com/>

## सामाजिक कार्यों में बढ़ चढ़ कर भाग लें: जितेंद्र

परिवार बढ़ चढ़ कर हिस्सा लें, जिससे समाज में सभी वर्गों को बराबरी का मौका मिल सके। उन्होंने बच्चों से अपील की कि वह अपने अंदर उत्साह का संचार करी कम न होने दें, संसाधनों की कमी में भी हम अपने सपने को साकार कर सकते हैं। इसीलिए कभी हिम्मत न हारे। लक्ष्मी नगर थानाध्यक्ष रमेश कुमार ने उपस्थित बच्चों को गुड टच बैड टच की जानकारी दी, साथ ही पुलिस



बच्चों ने घरो व बांटे और लोगों को कि वह पानी रासायनिक संस्था के पे कहा बहुत

संदर्भ : निविदा सूचना संख्या 90 / 2022- निविदा संख्या 77236003 बुलने की तिथि उपरोक्त संदर्भित निविदा में सामग्री उतारने के शर्तें अपरिहार्य रहेंगी।  
[www.reps.gov.in](http://www.reps.gov.in) पर प्र  
शुद्धिपत्र केसाइट <https://etender.up.nic.in> पर स  
बिबिदाकारों से निम्न जाँच हेतु ई- जा सकता है एवं प्राय ई-निविदाओं के विवरण व शर्तें नोएडा प्राधिकरण वेबसाइट देखते रहे।

**नोएडा**  
नवी मुखा वेबसाइट

**लोकसत्य**

## Our Partners (Past & Present)

